

Two Thousand Kisses A Day Gentle Parenting Through The Ages And Stages Lr Knost

Yeah, reviewing a book *Two Thousand Kisses A Day Gentle Parenting Through The Ages And Stages Lr Knost* could accumulate your close contacts listings. This is just one of the solutions for you to be successful. As understood, carrying out does not recommend that you have astonishing points.

Comprehending as competently as concord even more than other will give each success. neighboring to, the message as well as insight of this *Two Thousand Kisses A Day Gentle Parenting Through The Ages And Stages Lr Knost* can be taken as competently as picked to act.

Jesus, the Gentle Parent L. R. Knost 2014-05 In this examination of mainstream Christian parenting practices and the doctrinal beliefs behind them, best-selling author L.R.Knost debunks common cultural and theological beliefs about spanking, original sin, sin nature, submission, authority, obedience, breaking a child's will, and more along with providing grace-filled, gentle solutions to behavior issues.

Oh Crap! Potty Training Jamie Glowacki 2015-06-16 "Straight up, parent tested, and funny to boot, Jamie gives you all the information you need." —Amber Dusick, author of *Parenting: Illustrated with Crappy Pictures* A proven six-step plan to help you toilet train your preschooler quickly and successfully, from potty-training expert, Pied Piper of Poop, and social worker Jamie Glowacki. Worried about potty training? Let Jamie Glowacki, potty-training expert, show you how it's done. Her 6-step, proven process to get your toddler out of diapers and onto the toilet has already worked for tens of thousands of kids and their parents. Here's the good news: your child is probably ready to be potty trained EARLIER than you think (ideally, between 20–30 months), and it can be done FASTER than you expect (most kids get the basics in a few days—but Jamie's got you covered even if it takes a little longer). If you've ever said to yourself: ** How do I know if my kid is ready? ** Why won't my child poop in the potty? ** How do I avoid "potty power struggles"? ** How can I get their daycare provider on board? ** My kid was doing so well—why is he regressing? ** And what about nighttime?! Oh Crap! Potty Training can solve all of these (and other) common issues. This isn't theory, you're not bribing with candy, and there are no gimmicks. This is real-world, from-the-trenches potty training information—all the questions and all the ANSWERS you need to do it once and be done with diapers for good.

Trauma-Proofing Your Kids Peter A. Levine, Ph.D. 2014-09-16 Now in 15 languages. Understand the different types of upsets and traumas your child may experience—and learn how to teach them how to be resilient, confident, and even joyful. The number of anxious, depressed, hyperactive and withdrawn children is staggering—and still growing! Millions have experienced bullying, violence (real or in the media), abuse or sexual molestation. Many other kids have been traumatized from more "ordinary" ordeals such as terrifying medical procedures, accidents, loss and divorce. *Trauma-Proofing Your Kids* sends a lifeline to parents who wonder how they can help their worried and troubled children now. It offers simple but powerful tools to keep children safe from danger and to help them "bounce back" after feeling scared and overwhelmed. No longer will kids have to be passive prey to predators or the innocent victims of life's circumstances. In addition to arming parents with priceless protective strategies, best-selling authors Dr. Peter A. Levine and Maggie Kline offer an antidote to trauma and a recipe for creating resilient kids no matter what misfortune has besieged them. *Trauma-Proofing Your Kids* is a treasure trove of simple-to-follow "stress-busting," boundary-setting, sensory/motor-awareness activities that counteract trauma's effect on a child's body, mind and spirit. Including a chapter on how to navigate the inevitable difficulties that arise during the various ages and stages of development, this ground-breaking book simplifies an often mystifying and complex subject, empowering parents to raise truly confident and joyful kids despite stressful and turbulent times.

The Gentle Parenting Book Sarah Ockwell-Smith 2016-03-03 Parenting trends come and go. Gentle parenting is different - it isn't a label for a precise set of rules but a method of parenting that embraces the needs of parent and child, while being mindful of current science and child psychology. It means parenting with empathy, respect, understanding - and boundaries. In *The Gentle Parenting Book*, Sarah Ockwell-Smith provides a trustworthy combination of what-to-expect information and gentle-parenting solutions to the most common challenges faced by parents with young children. Sarah addresses a wide variety of topics, including coping with a crying baby, introducing solid foods and creating healthy eating habits, potty training, starting nursery and school, sibling rivalry, tantrums, whining and sulking, aggressive behaviour and much more. And for those parents who have previously used a more authoritarian style of parenting, there's plenty of advice - and reassurance - on making the transition to a gentler approach. For many, gentle parenting comes as a relief because it chimes with their deepest instincts about the best way to raise their children.

From Scratch Tembi Locke 2020-02-04 Soon to be a limited Netflix series starring Zoe Saldana! This Reese Witherspoon Book Club Pick and New York Times bestseller is "a captivating story of love lost and found" (Kirkus Reviews) set in the lush Sicilian countryside, where one woman discovers the healing powers of food, family, and unexpected grace in her darkest hours. It was love at first sight when actress Tembi met professional chef, Saro, on a street in Florence. There was just one problem: Saro's traditional Sicilian family did not approve of his marrying a black American woman. However, the couple, heartbroken but undeterred, forged on. They built a happy life in Los Angeles, with fulfilling careers, deep friendships, and the love of their lives: a baby girl they adopted at birth. Eventually, they reconciled with Saro's family just as he faced a formidable cancer that would consume all their dreams. *From Scratch* chronicles three summers Tembi spends in Sicily with her daughter, Zoela, as she begins to piece together a life without her husband in his tiny hometown hamlet of farmers. Where once Tembi was estranged from Saro's family, now she finds solace and nourishment—literally and spiritually—at her mother-in-law's table. In the Sicilian countryside, she discovers the healing gifts of simple fresh food, the embrace of a close knit community, and timeless traditions and wisdom that light a path forward. All along the way she reflects on her and Saro's romance—an incredible love story that leaps off the pages. In Sicily, it is said that every story begins with a marriage or a death—in Tembi Locke's case, it is both. "Locke's raw and heartfelt memoir will uplift readers suffering from the loss of their own loved ones" (Publishers Weekly), but her story is also about love, finding a home, and chasing flavor as an act of remembrance. *From Scratch* is for anyone who has dared to reach for big love, fought for what mattered most, and those who needed a powerful reminder that life is...delicious.

Secrets of a Charmed Life Susan Meissner 2015-02-03 The author of *A Bridge Across the Ocean* and *The Last Year of the War* journeys from the present day to World War II England, as two sisters are separated by the chaos of wartime... Current day, Oxford, England. Young American scholar Kendra Van Zant, eager to pursue her vision of a perfect life, interviews Isabel McFarland just when the elderly woman is ready to give up secrets about the war that she has kept for decades...beginning with who she really is. What Kendra receives from Isabel is both a gift and a burden—one that will test her convictions and her heart. 1940s, England. As Hitler wages an unprecedented war against London's civilian population, hundreds of thousands of children are evacuated to foster homes in the rural countryside. But even as fifteen-year-old Emmy Downtree and her much younger sister Julia find refuge in a charming Cotswold cottage, Emmy's burning ambition to return to the city and apprentice with a fashion designer pits her against Julia's profound need for her sister's presence. Acting at cross purposes just as the Luftwaffe rains down its terrible destruction, the sisters are cruelly separated, and their lives are transformed...

Petey's Listening Ears L. R. Knost 2011-04 Petey and his furry friend, Beans, struggle through a difficult day filled with bad choices and their unfortunate consequences. Petey's father steps in with gentle guidance to turn on his "listening ears" and his bad day turns into a good day.

The Joy of Parenting Lisa W. Coyne 2009 Offers parents acceptance and commitment therapy skills to help them develop flexibility and mindfulness when parenting their children, and includes exercises covering such topics as handling tantrums and refocusing values.

The Voices We Carry J. S. Park 2020-05-05 Reclaim Your Headspace and Find Your One True Voice As a hospital chaplain, J.S. Park encountered hundreds of patients at the edge of life and death, listening as they urgently shared their stories, confessions, and final words. J.S. began to identify patterns in his patients' lives—patterns he also saw in his own life. He began to see that the events and traumas we experience throughout life become deafening voices that remain within us, even when the events are far in the past. He was surprised to find that in hearing the voices of his patients, he began to identify his own voices and all the ways they could both harm and heal. In *The Voices We Carry*, J.S. draws from his experiences as a hospital chaplain to present the Voices Model. This model explores the four internal voices of self-doubt, pride, people-pleasing, and judgment, and the four external voices of trauma, guilt, grief, and family dynamics. He also draws from his Asian-American upbringing to examine the challenges of identity and feeling "other." J.S. outlines how to wrestle with our voices, and even befriend them, how to find our authentic voice in a world of mixed messages,

and how to empower those who are voiceless. Filled with evidence-based research, spiritual and psychological insights, and stories of patient encounters, *The Voices We Carry* is an inspiring memoir of unexpected growth, humor, and what matters most. For those wading through a world of clamor and noise, this is a guide to find your clear, steady voice.

Raising a Secure Child Kent Hoffman 2017-02-03 Today's parents are constantly pressured to be perfect. But in striving to do everything right, we risk missing what children really need for lifelong emotional security. Now the simple, powerful "Circle of Security" parenting strategies that Kent Hoffman, Glen Cooper, and Bert Powell have taught thousands of families are available in self-help form for the first time. You will learn: How to balance nurturing and protectiveness with promoting your child's independence. What emotional needs a toddler or older child may be expressing through difficult behavior. How your own upbringing affects your parenting style--and what you can do about it. Filled with vivid stories and unique practical tools, this book puts the keys to healthy attachment within everyone's reach--self-understanding, flexibility, and the willingness to make and learn from mistakes. Self-assessment checklists can be downloaded and printed for ease of use.

Leave Society Tao Lin 2021-08-03 From the acclaimed author of *Taipei*, a bold portrait of a writer working to balance all his lives—artist, son, loner—as he spins the ordinary into something monumental. An engrossing, hopeful novel about life, fiction, and where the two blur together. In 2014, a novelist named Li leaves Manhattan to visit his parents in Taipei for ten weeks. He doesn't know it yet, but his life will begin to deepen and complexify on this trip. As he flits between these two worlds--year by year, over four years--he will flit in and out of optimism, despair, loneliness, sanity, bouts of chronic pain, and drafts of a new book. He will incite and temper arguments, uncover secrets about nature and history, and try to understand how to live a meaningful life as an artist and a son. But how to fit these pieces of his life together? Where to begin? Or should he leave society altogether? Exploring everyday events and scenes--waiting rooms, dog walks, family meals--while investigatively venturing to the edges of society, where culture dissolves into mystery, Lin shows what it is to write a novel in real time. Illuminating and deeply felt, as it builds toward a stunning, if unexpected, romance, *Leave Society* is a masterly story about life and art at the end of history. A VINTAGE ORIGINAL

Love You Forever Robert N. Munsch 1986 As her son grows up from little boy to adult man, a mother secretly rocks him each night as he sleeps.

A Home by the Sea Christina Skye 2011-10-18 After a devastating betrayal, Grace Lindstrom, returning to home to care for her grandfather, refuses to surrender her heart until a chance encounter leads her to the kind of man she has always dreamed of. Original.

Raising Children Compassionately Marshall B. Rosenberg 2004-09-01 The tenets of Nonviolent Communication are applied to a variety of settings, including the classroom and the home, in these booklets on how to resolve conflict peacefully. Illustrative exercises, sample stories, and role-playing activities offer the opportunity for self-evaluation, discovery, and application. The skills and perspectives of the Nonviolent Communication (NVC) process are applied to parenting in this resource for parents and teachers. NVC stresses the importance of putting compassionate connection first to create a mutually respectful, enriching family dynamic filled with clear, heartfelt communication.

The 5 Love Languages of Children Gary Chapman 2016-04-15 More than 1 million sold! You know you love your child. But how can you make sure your child knows it? The #1 New York Times bestselling *The 5 Love Languages*® has helped millions of couples learn the secret to building a love that lasts. Now discover how to speak your child's love language in a way that he or she understands. Dr. Gary Chapman and Dr. Ross Campbell help you: Discover your child's love language Assist your child in successful learning Use the love languages to correct and discipline more effectively Build a foundation of unconditional love for your child Plus: Find dozens of tips for practical ways to speak your child's love language. Discover your child's primary language—then speak it—and you will be well on your way to a stronger relationship with your flourishing child. For a free online study guide, visit 5lovelanguages.com.

Earth Bound Christine Feehan 2015-07-07 #1 New York Times bestselling author Christine Feehan returns to the mysterious coastal town of Sea Haven where a woman is stalked by her inescapable past in the fourth novel in the *Sisters of the Heart* series. On the shores of Sea Haven, six women touched by great loss have come together in a sisterhood strengthened by the elements—a bond each will need as new love and danger enter their lives... After escaping from a cult, Lexi found refuge with her sisters on the farm that more than sustained her body—it nurtured her soul as well. But she never forgot the terror she left behind or the always present fear that the cult would find her again, and claim her. Then her nightmare came true. Lexi was discovered and threatened—only to be suddenly saved by a stranger. He is Gavriil Prakenskii, and he's awestruck by the woman he's rescued. She is destined for him. He can feel it in his soul. But how can Lexi find happiness with a man steeped in secrets and shadows, one intimately acquainted with violence, and whose very love could be the death of them?

The Rocks Peter Nichols 2015-05-26 "Irresistibly sunny... Set in the brightly lit Mediterranean amid old olive trees and sexual intrigue, music and wine and beautiful women... Propulsive." —The New York Times Book Review "The perfect book for pretending it's already beach season." —O, The Oprah Magazine A romantic page-turner propelled by the sixty-year secret that has shaped two families, four lovers, and one seaside resort community. Set against dramatic Mediterranean Sea views and lush olive groves, *The Rocks* opens with a confrontation and a secret: What was the mysterious, catastrophic event that drove two honeymooners apart so suddenly and absolutely in 1948 that they never spoke again despite living on the same island for sixty more years? And how did their history shape the Romeo and Juliet-like romance of their (unrelated) children decades later? Centered around a popular seaside resort club and its community, *The Rocks* is a double love story that begins with a mystery, then moves backward in time, era by era, to unravel what really happened decades earlier. Peter Nichols writes with a pervading, soulful wisdom and self-knowing humor, and captures perfectly this world of glamorous, complicated, misbehaving types with all their sophisticated flaws and genuine longing. The result is a bittersweet, intelligent, and romantic novel about how powerful the perceived truth can be—as a bond, and as a barrier—even if it's not really the whole story; and how one misunderstanding can echo irreparably through decades.

Crush Richard Siken 2019-10-22 This collection about obsession and love is the 99th volume of the Yale Series of Younger Poets Richard Siken's *Crush*, selected as the 2004 winner of the Yale Younger Poets prize, is a powerful collection of poems driven by obsession and love. Siken writes with ferocity, and his reader hurtles unstoppably with him. His poetry is confessional, gay, savage, and charged with violent eroticism. In the world of American poetry, Siken's voice is striking.

A Thousand Splendid Suns Khaled Hosseini 2008-09-18 A riveting and powerful story of an unforgiving time, an unlikely friendship and an indestructible love

When Kids Ask Hard Questions Bromleigh McCleneghan 2019-10-08 The world is a confusing and painful place for children (and adults). How do you respond faithfully to your kids' big questions? Learn to craft faithful conversations and be better prepared to talk about the tough stuff with your kids. More than 30 essays from a diverse group of young Christian parents/pastors address today's toughest topics, including gender, race, bullying, mental illness, death, divorce, money, technology, and generosity. *When Kids Ask Hard Questions* invites you to take a deep breath, create safe spaces for the hard conversations, and speak the truth in love. Each chapter includes a resource list for further exploration.

PostSecret Frank Warren 2005-11-29 The project that captured a nation's imagination. The instructions were simple, but the results were extraordinary. "You are invited to anonymously contribute a secret to a group art project. Your secret can be a regret, fear, betrayal, desire, confession, or childhood humiliation. Reveal anything -- as long as it is true and you have never shared it with anyone before. Be brief. Be legible. Be creative." It all began with an idea Frank Warren had for a community art project. He began handing out postcards to strangers and leaving them in public places -- asking people to write down a secret they had never told anyone and mail it to him, anonymously. The response was overwhelming. The secrets were both provocative and profound, and the cards themselves were works of art -- carefully and creatively constructed by hand. Addictively compelling, the cards reveal our deepest fears, desires, regrets, and obsessions. Frank calls them "graphic haiku," beautiful, elegant, and small in structure but powerfully emotional. As Frank began posting the cards on his website, *PostSecret* took on a life of its own, becoming much more than a simple art project. It has grown into a global phenomenon, exposing our individual aspirations, fantasies, and frailties -- our common humanity. Every day dozens of postcards still make their way to Frank, with postmarks from around the world, touching on every aspect of human experience. This extraordinary collection brings together the most powerful, personal, and beautifully intimate secrets Frank Warren has received -- and brilliantly illuminates that human emotions can be unique and universal at the same time.

Parent Management Training Alan E. Kazdin 2008-12-01 Among evidence-based therapies for children and adolescents with oppositional, aggressive, and antisocial behavior, parent management training (PMT) is without peer; no other treatment for children has been as thoroughly investigated and as widely applied. Here, Alan E. Kazdin brings together the conceptual and empirical bases underlying PMT with discussions of background, principles, and concepts, supplemented with concrete examples of the ways therapists should interact with parents and children. The second half of the book is a PMT treatment manual. The manual details the particulars of the therapy: what is done to and by whom, what the therapist should say, and what to expect at each stage of treatment. It also contains handouts, charts, and aides for parents. A companion website (www.oup.com/us/pmt) provides additional resources for clinicians.

Whispers Through Time L. R. Knost 2013-06 Communication is the key to peaceful, effective interactions between parents and children. When normal childhood behavior is viewed as normal instead of something to be corrected and controlled, communication creates the bridge to developmentally appropriate growth, maturity, and independence. Written by best-selling parenting and children's book author and mother of six, L.R.Knost, 'Whispers Through Time: Communication Through the Ages and Stages of Childhood' is a rethinking of mainstream parenting's perception of normal childhood behaviors coupled with simple, practical approaches to parent/child communication at each stage of development from tots to teens.

The Attachment Parenting Book William Sears 2001-09-01 America's foremost baby and childcare experts, William Sears M.D. and Martha Sears, R.N., explain the benefits -- for both you and your child -- of connecting with your baby early.

Would you and your baby both sleep better if you shared a bed? How old is too old for breastfeeding? What is a father's role in nurturing a newborn? How does early attachment foster a child's eventual independence? Dr. Bill and Martha Sears -- the doctor-and-nurse, husband-and-wife team who coined the term "attachment parenting" -- answer these and many more questions in this practical, inspiring guide. Attachment parenting is a style of parenting that encourages a strong early attachment, and advocates parental responsiveness to babies' dependency needs. The Attachment Parenting Book clearly explains the six "Baby B's" that form the basis of this popular parenting style: Bonding, Breastfeeding, Babywearing, Bedding close to baby, Belief in the language value of baby's cry, and Beware of baby trainers. Here's all the information you need to achieve your most important goals as a new parent: to know your child, to help your child feel right, and to enjoy parenting.

Sophie's World Jostein Gaarder 2007-03-20 One day Sophie comes home from school to find two questions in her mail: "Who are you?" and "Where does the world come from?" Before she knows it she is enrolled in a correspondence course with a mysterious philosopher. Thus begins Jostein Gaarder's unique novel, which is not only a mystery, but also a complete and entertaining history of philosophy.

Two Thousand Kisses a Day L. R. Knost 2013 Gentle Parenting is about guiding instead of controlling, connecting instead of punishing, encouraging instead of demanding. It's about listening, understanding, responding, and communicating. Written by international best-selling, award-winning author, L.R.Knost, 'Two Thousand Kisses a Day: Gentle Parenting Through the Ages and Stages' is an introduction to the ideas behind gentle parenting and to its application in each of the developmental stages of childhood.

The Glass Castle Jeannette Walls 2006-01-02 Journalist Walls grew up with parents whose ideals and stubborn nonconformity were their curse and their salvation. Rex and Rose Mary and their four children lived like nomads, moving among Southwest desert towns, camping in the mountains. Rex was a charismatic, brilliant man who, when sober, captured his children's imagination, teaching them how to embrace life fearlessly. Rose Mary painted and wrote and couldn't stand the responsibility of providing for her family. When the money ran out, the Walls retreated to the dismal West Virginia mining town Rex had tried to escape. As the dysfunction escalated, the children had to fend for themselves, supporting one another as they found the resources and will to leave home. Yet Walls describes her parents with deep affection in this tale of unconditional love in a family that, despite its profound flaws, gave her the fiery determination to carve out a successful life. -- From publisher description.

The Natural Child Jan Hunt 2001-12-01 Discover an age-old parenting method that treats children with dignity, respect, understanding, and compassion from infancy into adulthood. The Natural Child makes a compelling case for a return to attachment parenting, a child-rearing approach that has come naturally for parents throughout most of human history. In this insightful guide, parenting specialist Jan Hunt links together attachment parenting principles with child advocacy and homeschooling philosophies, offering a consistent approach to raising a loving, trusting, and confident child. The Natural Child dispels the myths of "tough love," building baby's self-reliance by ignoring its cries, and the necessity of spanking to enforce discipline. Instead, the book explains the value of extended breast-feeding, family co-sleeping, and minimal child-parent separation. Homeschooling, like attachment parenting, nurtures feelings of self-worth, confidence, and trust. The author draws on respected leaders of the homeschool movement such as John Taylor Gatto and John Holt, guiding the reader through homeschool approaches that support attachment parenting principles. Being an ally to children is spontaneous for caring adults, but intervening on behalf of a child can be awkward and surrounded by social taboo. The Natural Child shows how to stand up for a child's rights effectively and sensitively in many difficult situations. The role of caring adults, points out Hunt, is not to give children "lessons in life"—but to employ a variation of The Golden Rule, and treat children as we would like to have been treated in childhood. Praise for The Natural Child "I had grown jaded with the flood of parenting books, but The Natural Child is a rare and splendid exception . . . I can't praise it sufficiently, and would place it along with Leidloff's Continuum Concept and my own Magical Child . . . It could make an enormous difference if read widely enough." —Joseph Chilton Pierce, author of The Magical Child "In prose that is at the same time eloquent and simple, [Hunt] provides a mix of useful parenting tips that are supported by the philosophy that children reflect the treatment they receive. This is no less than an impassioned plea for the future—not only our children's future, but the future of our way of life on this planet." —Wendy Priesnitz, Editor, Natural Life Magazine

What Young Children Need You to Know: How to See Them So You Know what to Do for Them Bridgett Miller 2020-05-04 Daily insights for conscious parenting. Rewarding, humbling, challenging--parenting is a lot of things, but one thing it isn't is easy. In this warm, accessible, and ultimately inspiring book of daily insights and affirmations, developmental expert and Neufeld Institute facilitator Bridgett Miller offers parents the support they need to nurture their children using their head and heart. With gentle guidance and suggestions grounded in developmental science, What Young Children Need You To Know opens the door for parents to move from reactivity to consciousness--with a greater understanding of how to meet their children's emotional needs.

Gentle Discipline Sarah Ockwell-Smith 2017-08-29 As seen in the New York Times -- a practical guide that presents an alternative to shouting, shaming, and blaming--to give kids the skills they need to grow and thrive Discipline is an essential part of raising happy and successful kids, but as more and more parents are discovering, conventional approaches often don't work, and can even lead to more frustration, resentment, power struggles, and shame. Enter Sarah Ockwell-Smith, a popular parenting expert who believes there's a better way. Citing the latest research in child development, psychology and neuroscience, Gentle Discipline debunks common myths about punishments, rewards, the "naughty chair," and more, and presents practical, connection-based techniques that really work--and that bring parents and kids closer together instead of driving them apart. Topics include: Setting--and enforcing--boundaries and limits with compassion and respect Focusing on connection and positivity instead of negative consequences Working with teachers and other caregivers Breaking the cycle of shaming and blaming Filled with ideas to try today, Gentle Discipline helps parents of toddlers as well as school-age kids embrace a new, more enlightened way to help kids listen, learn and grow.

The Gentle Parent L. R. Knost 2013-11-01 In a gently parented home, boundaries are focused on guiding rather than controlling children and are maintained through empathetic and creative resolutions rather than harsh punitive consequences. Written by best-selling parenting and children's book author and mother of six, L.R.Knost, 'The Gentle Parent: Positive, Practical, Effective Discipline' provides parents with the tools they need to implement the Three C's of gentle discipline--Connection, Communication, and Cooperation--to create a peaceful home and a healthy parent/child relationship. Presented in bite-sized chapters perfect for busy parents and written in L.R.Knost's signature conversational style, 'The Gentle Parent' is packed with practical suggestions and real-life examples to help parents through the normal ups and downs of gentle discipline on the road to raising a generation of world changers.

When Breath Becomes Air Paul Kalanithi 2016-01-12 #1 NEW YORK TIMES BESTSELLER • PULITZER PRIZE FINALIST • This inspiring, exquisitely observed memoir finds hope and beauty in the face of insurmountable odds as an idealistic young neurosurgeon attempts to answer the question What makes a life worth living? NAMED ONE OF PASTE'S BEST MEMOIRS OF THE DECADE • NAMED ONE OF THE BEST BOOKS OF THE YEAR BY The New York Times Book Review • People • NPR • The Washington Post • Slate • Harper's Bazaar • Time Out New York • Publishers Weekly • BookPage Finalist for the PEN Center USA Literary Award in Creative Nonfiction and the Books for a Better Life Award in Inspirational Memoir At the age of thirty-six, on the verge of completing a decade's worth of training as a neurosurgeon, Paul Kalanithi was diagnosed with stage IV lung cancer. One day he was a doctor treating the dying, and the next he was a patient struggling to live. And just like that, the future he and his wife had imagined evaporated. When Breath Becomes Air chronicles Kalanithi's transformation from a naïve medical student "possessed," as he wrote, "by the question of what, given that all organisms die, makes a virtuous and meaningful life" into a neurosurgeon at Stanford working in the brain, the most critical place for human identity, and finally into a patient and new father confronting his own mortality. What makes life worth living in the face of death? What do you do when the future, no longer a ladder toward your goals in life, flattens out into a perpetual present? What does it mean to have a child, to nurture a new life as another fades away? These are some of the questions Kalanithi wrestles with in this profoundly moving, exquisitely observed memoir. Paul Kalanithi died in March 2015, while working on this book, yet his words live on as a guide and a gift to us all. "I began to realize that coming face to face with my own mortality, in a sense, had changed nothing and everything," he wrote. "Seven words from Samuel Beckett began to repeat in my head: 'I can't go on. I'll go on.'" When Breath Becomes Air is an unforgettable, life-affirming reflection on the challenge of facing death and on the relationship between doctor and patient, from a brilliant writer who became both.

Parent—Child Interaction Therapy Toni L. Hembree-Kigin 2013-06-29 This practical guide offers mental health professionals a detailed, step-by-step description on how to conduct Parent-Child Interaction Therapy (PCIT) - the empirically validated training program for parents with children who have disruptive behavior problems. It includes several illustrative examples and vignettes as well as an appendix with assessment instruments to help parents to conduct PCIT.

Child Guidance Ellen G. White 2004-01-31

Positive Discipline Jane Nelsen, Ed.D. 2011-05-25 For twenty-five years, Positive Discipline has been the gold standard reference for grown-ups working with children. Now Jane Nelsen, distinguished psychologist, educator, and mother of seven, has written a revised and expanded edition. The key to positive discipline is not punishment, she tells us, but mutual respect. Nelsen coaches parents and teachers to be both firm and kind, so that any child—from a three-year-old toddler to a rebellious teenager—can learn creative cooperation and self-discipline with no loss of dignity. Inside you'll discover how to • bridge communication gaps • defuse power struggles • avoid the dangers of praise • enforce your message of love • build on strengths, not weaknesses • hold children accountable with their self-respect intact • teach children not what to think but how to think • win cooperation at home and at school • meet the special challenge of teen misbehavior "It is not easy to improve a classic book, but Jane Nelson has done so in this revised edition. Packed with updated examples that are clear and specific, Positive Discipline shows parents exactly how to focus on solutions while being kind and firm. If you want to enrich your relationship with your children, this is the book for you." —Sal Severe, author of How to Behave So Your Children Will, Too! Millions of children have already benefited from the counsel in this wise

and warmhearted book, which features dozens of true stories of positive discipline in action. Give your child the tools he or she needs for a well-adjusted life with this proven treasure trove of practical advice.

The Story of Ferdinand Munro Leaf 2011 Ferdinand likes to sit quietly and smell the flowers, but one day he gets stung by a bee and his snorting and stomping convince everyone that he is the fiercest of bulls.

Untigering Iris Chen 2021-03-05 Peaceful parenting is hard enough for the average parent. Imagine trying to do it when you have the instincts of a tiger mother. In *Untigering*, Iris Chen shares her journey of leaving behind authoritarian tiger parenting to embrace a respectful, relational way of raising children. As a Chinese American mom, she draws from her experiences of living in both North America and Asia and offers insights and practices to: Heal from your childhood wounds? Change your beliefs about yourself and your children? Parent through connection instead of control? Redefine your understanding of success? Navigate and challenge cultural norms Iris calls for a radical shift from parenting that is rooted in power to one that is grounded in partnership, but she does so with humor, humility, and empathy. This book is her invitation to you to begin your own journey of transformation as a parent.

Connection Parenting Pam Leo 2007 "Connection Parenting" is based on author Pam Leo's seven week parenting series, "Meeting the Needs of Children," that she has been teaching for over sixteen years. The premise is that a strong parent-child bond is the key to children's optimal human development and our most effective parenting tool. Connection Parenting is a proactive approach to parenting that supports parents and caregivers in creating and maintaining the strong bonds children need to thrive.

A Tiny Boat at Sea: How to Help Children Who Have a Parent Diagnosed with Cancer Izetta Smith 2000-01-01

The Modern-Day Dad: Tips For Effective Fathering Parcsen Loke 2022-05-25 Brothers, we hear you. Fathering is hard work, but you're willing to get your hands dirty. You want to be more involved with your kids, but your work schedule is unforgiving. Parenting theories abound, but who has the time to read them all? *The Modern-Day Dad* takes an honest and foundational look at fathering in Asian societies. Passionately written by Parcsen Loke, who has influenced many Singaporean fathers through coaching, training, and counselling, it is a compelling read for modern dads of all ages. Backed up by research and interspersed with Parcsen's personal stories, you'll find tips to father effectively, despite the many roles you juggle as a 21st-century dad.